



Prof Ella Arensman

Professor Ella Arensman, MSc PhD, is Director of Research with the National Suicide Research Foundation (NSRF) and Adjunct Professor with the Department of Epidemiology and Public Health, University College Cork, Ireland. She is currently President of the International Association for Suicide Prevention (IASP).) She is also Vice-President of the European Alliance Against Depression (EAAD).

She has been involved in research and prevention into suicide and self-harm over the last 25 years, with a particular emphasis on risk and protective factors associated with suicide and self-harm, clustering and contagion of suicidal behaviour, and effectiveness of suicide prevention and self-harm intervention programmes. In Ireland, she played a key role in developing *Reach Out*, the National Strategy for Action on Suicide Prevention (2005-2014). In recent years, she developed an innovative Suicide Support and Information System (SSIS).

She has been involved in numerous international research consortia including the WHO/Euro Multicentre study on Suicidal Behaviour, Child and Adolescent Self Harm (CASE), the European Alliance Against Depression (EAAD), Optimised Suicide Prevention Programmes and their Implementation in Europe (OSPI-Europe), Preventing Depression and Increasing Awareness through Networking in the EU (PREDI-NU), and Mental Health Training through Research Network in Europe (MARATONE).

She has published extensively in scientific peer reviewed journals and international textbooks. She fulfils an advisory role on a wide range of national and international steering groups and editorial boards.